



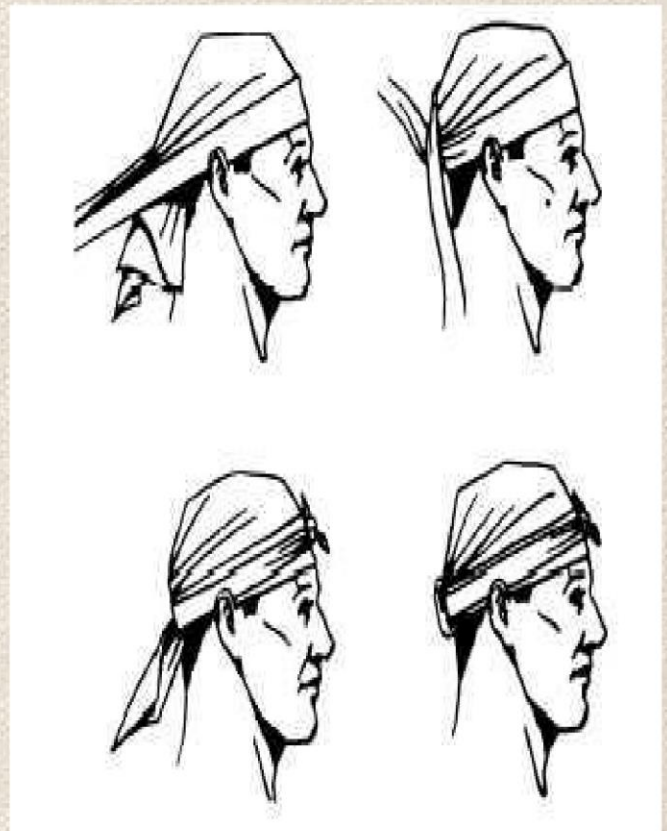
## FIRST AID 7 - BANDAGES 1

Bandages have three key uses: applying pressure to bleeding wounds; covering wounds and burns; and providing support and immobilization for broken bones, sprains, and strains. These includes gauze, triangular, Elastic, and tubular bandage

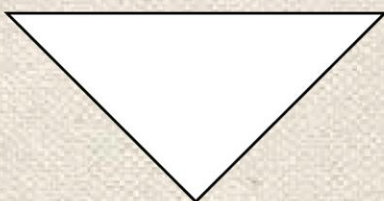


### HEAD TOP BANDAGING: - TRIANGULAR BANDAGE

- Fold the base at least 10cm
- Place folded base aligned with eyebrows
- Pull back and cross-over at the back, tucking apex beneath
- Pull both ends in front/secure with a square knot at the center of the folded base/tuck ends
- Pull down apex (tuck sides neatly)
- Tuck apex neatly at cross-over area



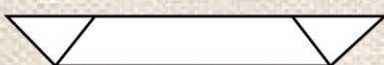
### TRIANGULAR BADGES:



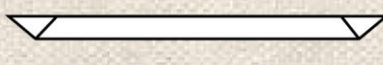
Unfolded



One Fold



Two Folds  
Broad Bandage



Three Folds  
Narrow Bandage